

An Introduction To Psychodynamic Counselling

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This key book in the Basic Texts in Counselling and Psychotherapy series is an authoritative and accessible introduction to psychodynamic counselling and its basic principles.

An Introduction To Psychodynamic Counselling

This key book in the Basic Texts in Counselling and Psychotherapy series is an authoritative and accessible introduction to psychodynamic counselling and its basic principles. The author, Laurence Spurling, is a leading figure in the discipline and, here, he examines the underlying psychodynamic approach, its main theoretical ideas and principles of practice, the techniques associated with it and ways of thinking about the conduct of counselling.

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An introduction to psychodynamic counselling (Book, 2009 ...

Introducing the Psychodynamic Approach 7. a non-pejorative sense). Psychoanalytic theory suggests, for example, that a child's anger towards a parent can be projected on to the parent, making the parent, who is then internalised, a severe 'bad object' in the psyche that can turn on us in a punitive way.

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