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## **Fear of intimacy - Wikipedia**

These individuals typically avoid emotional intimacy. These strategies correspond generally to the dimensions of attachment anxiety and attachment avoidance assessed by the self-report, Experiences in Close Relationships Scale (ECRS, Brennan, Clark, & Shaver, 1998). The dimensions are relatively orthogonal.

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## **Attachment Theory and the Psychotherapy Relationship ...**

Attachment Issues Those with challenging attachment issues tend to manifest one or more of the following traits on a regular basis, which may, even with a healthy and suitable partner, inhibit the ...

## **Attachment theory - Wikipedia**

Fear of intimacy is generally a social phobia and anxiety disorder resulting in difficulty forming close relationships with another person. The term can also refer to a scale on a psychometric test, or a type of adult in attachment theory psychology.. The fear of intimacy is the fear of being emotionally and/or physically close to another individual.

## **Attachment Intimacy Autonomy Using Attachment**

Attachment theory is a psychological, evolutionary and ethological theory concerning relationships between

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humans. The most important tenet is that young children need to develop a relationship with at least one primary caregiver for normal social and emotional development. The theory was formulated by psychiatrist and psychoanalyst John Bowlby.

### **7 Signs of a "Fear of Commitment ... - Psychology Today**

Background [edit | edit source]. Erik Erikson developed the theory in the 1950s as an improvement on Sigmund Freud's psychosexual stages. Erikson accepted many of Freud's theories (including the id, ego, and superego, and Freud's infantile sexuality represented in psychosexual development), but rejected Freud's attempt to describe personality solely on the basis of sexuality.