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and easy! Pressure cooker sweet potatoes come out perfectly every time; use them for lunches or weeknight dinners. We eat lots of sweet potato recipes around here. So when Alex and I got a pressure cooker, we wondered: can you make Instant Pot sweet potatoes ...

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Instant Pot Duo Plus 9-in-1 Multi-Use Programmable ...

Everyone's favorite comfort meal made

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in under an hour. This Instant Pot Beef Stew is healthy, delicious, and couldn't be easier. I had a love/hate relationship with beef stew until I broke down and bought an Instant Pot. Now that I can cook it in under an hour, it's all love. My problem with beef...

Instant Pot Healthy Chicken Pot Pie

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Soup (Paleo, Whole30 ...

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These pressure cooker chickpeas are

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This Healthy Turkey Chili Recipe can be made on the stove top, or in your slow

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The Instant Pot Electric Pressure Cooker Cookbook: Easy Recipes for Fast & Healthy Meals [Laurel Randolph] on Amazon.com. *FREE* shipping on qualifying offers. Here's how you get the most flavor, versatility and value from your Instant Pot® There's nothing the Instant Pot can't do—and with the right Instant Pot cookbook in hand

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cooker is a go-to for anyone looking to whip up a quick dinner or do some batch cooking on the weekends.

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A collection of easy, healthy recipes for your Instant Pot or pressure cooker! Everything from eggs, soups, stew,

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beans and even chicken parmesan.

Healthy Instant Pot Meals

{Pressure Cooker} Instant Pot Chicken Alfredo - Julie's ...

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In the spirit of the warm, cozy vibes, I have a comforting hug of a recipe to share with you: Instant Pot Beef Stew. It has the cozy richness you expect from the stick-to-your-ribs classic, made faster in the pressure cooker. This recipe is an adaptation of my Crock Pot Beef

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Stew, which is one of my absolute favorite recipes to make on a chilly, cloudy Sunday when I can prep the beef stew ...

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This Instant Pot Pot Roast recipe is an easy, comforting dinner that comes

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together so quickly in the pressure cooker! With tender veggies (not mushy!), a fall apart tender roast and seasoned gravy. With step by step VIDEO September is one of the best months of the year, and not just because it's ...

Instant Pot Beef Stew | Healthy

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Pressure Cooker Recipe

Duo, the number 1 selling multi-cooker, combines 7 kitchen appliances in 1, Pressure Cooker, Slow Cooker, Rice Cooker, Steamer, Sauté, Yogurt Maker and Warmer, prepares dishes up to 70% faster to support your busy lifestyle

33+ Healthy Instant Pot Recipes -

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The Instant Pot is a multi-purpose electric programmable pressure cooker that is also a rice cooker, yogurt maker and more.

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This healthy chicken pot pie soup is

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super rich, creamy, and comforting.

Made in the Instant Pot, it's paleo,
Whole30, dairy free, and gluten-free,
too, without skimping on any flavor. This
healthy soup comes together in about
30 minutes and is good enough to eat all
week! This recipe is from my ...

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(pressure cooker pot roast ...

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The Fresh and Healthy Instant Pot

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Cookbook: 75 Easy ...

Editorial Reviews "There has been a lot of commentary about "Instant Pot" books lately, about the many unauthorized uses of the name, and the many free e-books...and some resulting food waste...There have been a couple of books published with permission, and there are some high quality print

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