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### Optimal Health with Parkinson's Disease by Monique L ...

Nutritionist Alana Kessler outlines the optimal diet for Parkinson's patients, including foods to avoid and those that will help maintain health. Parkinson's disease has typically been classified as a neurodegenerative disease with much of treatment focused on managing symptoms.

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### Parkinson's Foundation

Bilateral deep brain stimulation of the subthalamic nucleus (DBS-STN) has been shown to dramatically alleviate motor symptoms in patients with Parkinson disease (PD). 1 However, some patients show poor relief of parkinsonian motor disability and/or nonmotor side effects, such as a dysexecutive syndrome 2 or psychiatric symptoms. 3 These side effects impair the postsurgery quality of life and ...

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### **Optimal Health with Parkinson's Disease: A Guide to ...**

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Written by a board-certified neurologist and expert in mind-body medicine, Optimal Health with Parkinson's Disease provides a thorough and up-to-date guide to a variety of therapies so that you and your health care team can make informed decisions to help you achieve optimal health. Learn the benefits of a holistic approach

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The current issue of the Journal of Parkinson's Disease includes a new feature, "How I examine my patient", a section designed to help improve the clinical skills of physicians, allied health professionals, and other professionals involved in the care of patients with PD and other movement disorders. But what constitutes optimal care for Parkinson's disease?

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### **Optimal target localization for subthalamic stimulation in ...**

If you have Parkinson's disease or are traveling with someone who has Parkinson's, some extra planning can help make the trip run smoothly. Our social media community shared advice on topics like packing up medication, getting through airport security with ease and the best times to take breaks.

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The Parkinson's Foundation makes life better for people with Parkinson's disease by improving care and advancing research toward a cure. ... s disease at the Dan Aaron Parkinson's Rehabilitation Center which is part of the University of Pennsylvania Health System. ... [contact@parkinson.org](mailto:contact@parkinson.org). The Parkinson's Foundation is a 501(c)3 ...

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