

Personification Using The Dialogical Self In Psychotherapy And Counselling

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Personification: Using the Dialogical Self in Psychotherapy and Counselling. Personification discusses the theory behind multiplicity of the person and considers the implications that the relationships between the different parts of the same person have in practice.

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This transition reflects the influence of work on the 'dialogical self' (Hermans, 2003). The book provides the reader with a background to, and illustrations of, the use of personification in therapy, as well as a vision of an integrative approach to psychotherapy drawing upon this concept.

Personification Using The Dialogical Self

group work and the dialogical self the transpersonal This practical, straightforward book will be ideal reading for anyone using personification in their therapeutic work, including psychotherapists, counsellors and coaches.

John Rowan (psychologist) - Wikipedia

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The book also looks closely at the practice of personification - a technique involving the turning of a problem into a person and allowing a two-way dialogue through which the inner critic can be addressed and explored. As such areas of discussion include: the use of multiplicity in therapy group work and the dialogical self

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Dialogical self - Wikipedia

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Multiplicity as Richness and Potential: The Dialogical self in Practice Review of Personification: Using the Dialogical Self in Psychotherapy and Counseling By John Rowan London: Routledge, 2010, 168 pp., \$ 100.00 (hardcover), \$34.95 (paperback)