

## Smart But Stuck Emotions In Teens And Adults With Adhd

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**Smart But Stuck Emotions In**  
In Smart but Stuck Emotions in Teens and Adults with ADHD, he offers portraits of 11 people suffering because of an overlooked, underappreciated facet of the effects of ADD/ADHD: ADD/ADHD often contributes to and exacerbates emotional challenges, in

**Amazon.com: Customer reviews: Smart But Stuck: Emotions In ...**  
In his latest book, Smart But Stuck: Emotions in Teens and Adults with ADHD (Jossey-Bass, a Wiley brand; April 2014; \$24.95; Cloth; ISBN: 978-1-118-27928-1), Brown tells the compelling stories of past clients who were intellectually gifted, yet got "stuck" at school, work, or in personal relationships because of their ADHD.

**Smart But Stuck Quotes by Thomas E. Brown - Goodreads**  
Smart but Stuck offers 15 true and compelling stories about intelligent, capable teens and adults who have gotten "stuck" at school, work, and/or in social relationships because of their ADHD. Dr. Brown highlights the often unrecognized role that emotions play in this complex disorder. He explains why even very bright people with ADHD get stuck because they can focus well on some tasks that interest them, but often can't focus adequately on other important tasks and relationships.

**Smart, but Stuck: Emotions in Teens & Adults with ADHD**  
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**Amazon.com: Smart but Stuck: Emotions in Teens and Adults ...**  
Through these stories Brown also illustrates how ADHD often involves a problem with emotions--and not just with anger management (another ADHD stereotype). Those with ADHD have a hard time managing positive emotions, which can lead to big problems. Brown demonstrates how people with ADHD can have laser-like focus for some tasks--like playing a ...

**Smart But Stuck: Emotions in Teens and Adults with ADHD by ...**  
Smart But Stuck Quotes Showing 1-5 of 5 "Sometimes the working memory impairments of ADHD allow a momentary emotion to become too strong; the person is flooded with one emotion and unable to attend to other emotions, facts, and memories relevant to that immediate situation.

**Smart But Stuck: Emotions in Teens and Adults with ADHD by ...**  
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**Wiley: Smart But Stuck: Emotions in Teens and Adults with ADHD**  
"Smart but Stuck" offers a series of true stories about intelligent teens and adults who had gotten "stuck" in failures at school, work, or in getting along with friends and family because of their ADHD. It shows how they got "unstuck" by dealing with ups and downs of emotions they didn't know they had.

**Smart But Stuck: Emotions in Teens and Adults with ADHD by ...**  
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**Books by Dr. Brown | Brown ADHD Clinic | United States**  
Find helpful customer reviews and review ratings for Smart But Stuck: Emotions in Teens and Adults with ADHD at Amazon.com. Read honest and unbiased product reviews from our users.

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**Wiley: Smart But Stuck: Emotions in Teens and Adults with ...**  
Smart Emotions for Busy Business People (Byron Stock) on Amazon.com. \*FREE\* shipping on qualifying offers. Smart Emotions is a "How To" book that teaches five simple techniques proven to increase resilience

**Smart But Stuck by Thomas E. Brown - OverDrive (Rakuten ...**  
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**Smart but Stuck: Emotions in Teens and Adults with ADHD ...**  
Smart, but Stuck: Emotions in Teens & Adults with ADHD Thomas E. Brown, PhD Associate Director, Yale Clinic for Attention and Related Disorders Department of Psychiatry Yale Medical Schoo |

**Smart but Stuck: Ph.D. Thomas E. Brown, Joe Bronzi ...**  
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