

## Taking Charge Of Your Fertility The Definitive Guide To Natural Birth Control Pregnancy Achievement And Reproductive Health

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### Take Charge of Your Fertility: A Step by Step Guide to ...

Taking Charge of Your Fertility has become the Our Bodies, Ourselves for our time. Alternately silly, whimsical, and exhaustingly specific, the book was published fifteen years ago and is ranked higher by customers on Amazon than all other books except the third and fourth Harry Potters.

### Home - Taking Charge of your Fertility

Taking Charge of Your Fertility, 20th Anniversary Edition: The Definitive Guide to Natural Birth Control, Pregnancy Achievement, and Reproductive Health [Toni Weschler] on Amazon.com. \*FREE\* shipping on qualifying offers. In celebration of its 20th anniversary, a thoroughly revised and expanded edition of the leading book on fertility and women ...

### Amazon.com: Customer reviews: Taking Charge of Your ...

Taking Charge of Your Fertility, 20th Anniversary Edition: The Definitive Guide to Natural Birth Control, Pregnancy Achievement, and Reproductive Health

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Take charge of your fertility If you're struggling with fertility and want to take all the right steps to increase your chances of conceiving and delivering a healthy baby, you've come to the right place. Packed with down-to-earth advice and practical tips, Taking Charge of Your Fertility For Dummies is your sensitive and supportive guide to ...

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Taking Charge of Your Fertility: The Definitive Guide to Natural Birth Control, Pregnancy Achievement, and Reproductive Health (Kindle Edition)

### Taking Charge of Your Fertility: The Definitive Guide to ...

Taking charge of your fertility. In order to understand your body better and the science of conceiving, it is important that you understand the meaning of being fertile. Being fertile is the ability to get pregnant and give birth to children through the act of sexual intercourse.

### Taking Charge of Your Fertility, 20th Anniversary Edition ...

She founded Fertility Awareness Counseling and Training Seminars (FACTS) in 1986, and has lectured at hospitals, clinics, and universities since 1982. She recently helped develop cycle-tracking software as an adjunct to her book, Taking Charge of Your Fertility.

### Taking Charge Of Your Fertility

Welcome to TCOYF.com, the official companion site of my book, Taking Charge of Your Fertility. Here you'll have access to a full-featured charting app, our vibrant TTC community, informative articles, and helpful tips and interesting tangents like the one below from yours truly!

### Taking Charge Of Your Fertility: The Definitive Guide to ...

This invaluable resource provides the answers to your questions while giving you amazing insights into your body. Taking Charge of Your Fertility has helped literally hundreds of thousands of women avoid pregnancy naturally, maximize their chances of getting pregnant, or simply gain better control of their gynecological and sexual health. Toni ...

### Taking Charge Of Your Fertility | Download [Pdf]/[ePub] eBook

Taking Charge of Your Fertility has helped hundreds of thousands of women to get pregnant, avoid pregnancy naturally, or simply gain better control of their health and their lives. This book thoroughly explains the empowering Fertility Awareness Method, which in only a couple of minutes a day allows you to:

### Taking Charge of Your Fertility - Toni Weschler - E-book

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This invaluable resource provides the answers to your questions while giving you amazing insights into your body. Taking Charge of Your Fertility has helped literally hundreds of thousands of women avoid pregnancy naturally, maximize their chances of getting pregnant, or simply gain better control of their gynecological and sexual health.

### Editions of Taking Charge of Your Fertility: The ...

Take Charge of Your Fertility is a complete guide to the medical, psychological, social, and sexual aspects of getting pregnant. Trying to conceive often involve an enormous amount of emotion, from anxiety and disappointment to hope and joy. With comfort, humor, and straightforward advice, this guide is the bedside companion to help you through ...

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